



Florida Voices for Animals, Inc.

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Jul/Aug/Sep 2017

FVA's "Why Love One But Eat The Other" Demo



Demo held at the Clearwater Mall

On May 6th, 2017, FVA held a "Why Love One But Eat The Other" demo at the Clearwater Mall.

The particular demo is a campaign by **Mercy For Animals** (ChooseVeg.com) designed to bring to attention how we treat companion animals compared to animals reared for food. It is meant to be both thought-provoking and educational. Do you ever wonder why we keep animals such as cats, dogs and goldfish as pets, but choose to eat others such as pigs, cows, and salmon? Why do we value the lives of the animals we have chosen to welcome into our homes as companion animals and not those of many other living creatures?

Many of us have grown up with "blindness" on. This means that regarding the animals that ended up on our plate, we had turned a blind eye with the mindset of: "I don't want to know how this dead animal ended up on my plate, but it was prepared by my family and I am forced to eat it" Some of us have gotten to like a particular taste. E.g. Barbeque chicken, bacon, cheese.

At the very least, this campaign raises awareness to the cruelty that specific animals are forced to endure and bring attention to the very valid question: "Why love one, but eat the other?" We encourage you to join us for this important demo when we post it on the FVA Meetup.

FVA Events



FVA holds a cleanup at Al Lopez Park every quarter because, not only does FVA care for the animals, but we also care for the animals' habitat—that includes the environment.

As you can see from the sign, Florida Voices For Animals has adopted the park and we get together to clean it up.

It's not a glamorous job, but it does serve the purpose of removing trash which could potentially be hazardous or lethal to the wildlife.

Let's leave the earth better than we found it.



Brittany preparing samples at Earth Day Tableing



Empty The Tanks Demo



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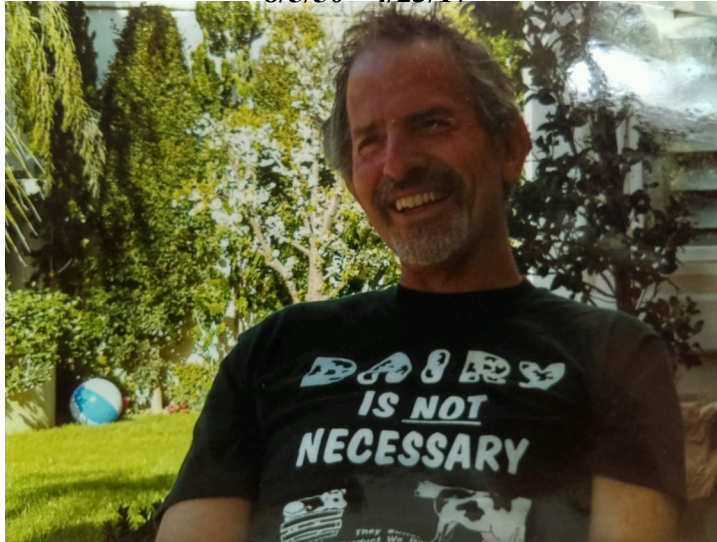
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George Eisman, RD

8/5/50 - 4/23/17



It is with deep sadness that I share the loss of one of our greatest animal rights and vegan nutrition pioneers of our time. **George Eisman** is the reason I became a vegan dietitian. He was an amazing man who mentored and taught many health care professionals, including dietitians, and many others on the nuts and bolts of vegan diets. I believe I was his first dietetic intern at Miami Dade Community College in 1988, which included a 3 week elective rotation teaching and doing cooking demos. One of his recent and most passionate campaigns was on the dangers of dairy and the connection to many cancers. He has been a speaker at some of our FVA *Have a Heart* Annual dinners, most recently 2/23/14 and at our *5th Annual Tampa Bay Veg Fest* in 2013. An incredibly knowledgeable and entertaining speaker, he provided us with a lot of very important vegan nutrition information. He was an inductee to the **North American Vegetarian Society's (NAVS) Vegetarian Hall of Fame** for his lifetime contributions to the field of vegetarian nutrition. I will miss the nature walks he guided at NAVS. He was truly a key player in our vegan nutrition movement and his contributions have truly made a difference in our world. My heart is broken at this loss. His family, friends, all of us vegans and anyone who ever has met him will surely miss him. He leaves a huge hole in the movement. - By **Myriam Parham, RD, CDE**

Excerpts of the Obituary of George Eisman, 8/5/50 – 4/23/17, written by his loving wife and companion **Claire Holzner**

George Lewis Eisman, age 66, of Watkins Glen NY, died at home on April 23, 2017. He born in Miami, FL, grew up in Miami Beach. He earned a bachelor's degree from Florida State University and received a Master's degree in Geography from the University of Toronto in 1975 and a second Master's degree in Nutrition from Florida International University in 1976.

A remarkably kind man and a natural teacher, George was a pioneering vegan nutritionist. He taught the first college level vegan nutrition course in the U.S. at Miami-Dade College in Florida, and co-founded the **Vegetarian Nutrition Practice Group of the Academy of Nutrition and Dietetics**, which has given registered dietitians access to valuable, accurate and professional information on Vegan diets. In addition to his work as a registered dietitian and public health nutritionist, George was a passionate advocate for more fair food supply systems around the world, issues he explored in his book *The Most Noble Diet* (1994). He was a great supporter of local, organic, and especially veganic farmers. George was a sought-after speaker on nutrition and food issues all over the U.S. Beginning in 1982, he spoke at the **NAVS Vegetarian Summerfest** every year except the year when his daughter **Sarah** was born. In his public talks and in everyday life, George gently enlightened thousands about the health, environmental, and ethical consequences of our food choices. He wrote *A Basic Course in Vegetarian and Vegan Nutrition* (2001, republished in 2015 as *A Guide to Vegan Nutrition*), a course book on the science of healthy plant-based diets. Extremely knowledgeable about the plant world, he led walks to identify wild edible plants. He was deeply curious about the world around him and many people say that they always learned something new from every talk with George. His legacy is a strong foundation for the vegan movement and the deep gratitude of those who strive for a better world through compassion for all of its inhabitants, human and animal.

George was a very loving and generous son, brother, husband, father, uncle, friend to many. He will be greatly missed by all who knew him.

Contributions in George's memory may be made to **Wildkind Care** wildlife rehabilitation facility, P.O. Box 465, Montour Falls NY 14865. This wildlife rehab facility is run by **Shelly Schlueter**, sister of **Sherry Schuleter** (Florida) and the mother of his children **Thomas** and **Sarah**.

Hillsborough County Commissioners on Pet Sales Ordinance



Attendees: Suzanne House, Marie Galbraith and Justine Villareal

We had the opportunity to shut down puppy mill outlets here in Hillsborough County. On May 3rd Hillsborough County Commissioners were to vote on a Retail Pet Sales ordinance that would ban the sale of dogs & cats in pet stores. Our hope was to have these stores work with the many rescues adopting out dogs & cats. Many animal advocates showed up to speak up for animals that day but twice as many pet store employees & friends showed up from Puppies Tampa & All About Puppies. After hours of comments Commissioner Victor Crist presented several questions to the Board regarding the definition of a "puppy mill" even though we presented them with that from the ASPCA, the HSUS & 5 other reputable animal organizations. This held off the vote for two more weeks. The next hearing was scheduled for May 17.

On May 11 the owner of Puppies Tampa, Michael Robert Lamprea & an employee, Maurice Barrett, were arrested after officers from the Dept of Agriculture & Consumer Services' Office of Agricultural Law Enforcement were denied access to the health certificates of the puppies in the store. Both were charged with offering canines for sale without a Florida Official Certificate of Veterinary Inspection, a first degree misdemeanor. Barrett was also charged with obstructing a department employee, a second degree misdemeanor.

We were hopeful that this would prove to the County Commissioners that these puppies were in fact purchased from puppy mills out of state & that Lamprea would be found guilty. We returned to the Commission hearing May 17 for more comments & a vote as to whether the existing retail pet stores could continue with business as usual or not. We were very disappointed by the vote. 7 voted to keep the stores in business & 2 voted against it. The two animal supporters are Commissioners Ken Hagan & Pat Kemp.

The commissioners assured the public that they will be on top of the situation. They will also have the Animal Advisory Committee work on a definition for the term "puppy mill" so they have a guideline. This may be important in helping to further regulate the pet stores as USDA standards are lacking.

We need to remain optimistic & keep working towards ending the plight of dogs & cats in puppy & kitty mills. We need to hold the commissioners to their promise of being on top of the situation & attend the upcoming meetings when they discuss the definition of puppy/kitty mills. We did not get what we wanted but now these retail stores will be monitored by code enforcement & the Florida Dept of Agriculture.

Suzanne House

FVA in Action

Dear FVA members, friends, and readers,

We would like to share some of our activities so far this year that we have scheduled on our FVA meetup. We have almost 2,700 people signed up as interested in our meetup group and activities. Some of the activities that we have posted on the meetup site are listed below and include almost 20 demos, numerous tabling events, park clean ups, and more! As you can see, we have a variety of opportunities for you to become involved in and meet us. We have had many successful events, especially our **Ringling Circus Demos** and our **Have-a-Heart Fundraiser**. That said, many people sign up for meetups but often only a few show up. It is frequently the same people who attend these events. We would love to have a lot more people participate. We encourage you to join FVA's meetup, sign up for events that interest you, and then PLEASE attend the events to help the animals. If for some reason you find that you are unable to attend an event, would you be kind enough to change the RSVP? This will help us to better prepare for the number attending and to know what events are more supported by our members. FVA and the animals THANK YOU!

FVA in the media:

1/15 – **Suzanne House** interview with **Kathryn Varn** of **The Times** RE: Ringling Circus closing

1/23 – **Marie Galbraith** interview on **Fox News** RE: Ringling Circus shutting down, the end of elephant acts, and why FVA is protesting.

1/25 – **Myriam Parham** and **Hussein Mourtada's** emails on Ringling's plans to end elephant acts were read on **Duncan Strauss' Talking Animals WMNF Radio**

1/25 – **Linda Grant** interviewed by **Channel 8** RE: Ringling Circus and FVA Demo

1/25 – **Kimberly Gronemeyer** speaks with **Ch. 8 reporter** at FVA Ringling Circus Demo

1/26 – **Marie Galbraith** interviewed on **Fox News** RE: FVA Ringling Circus Demo

1/29 – **Myriam Parham** interviewed by **USF Radio** at FVA Ringling Circus Demo

1/29 – **Suzanne House** and **Hussein Mourtada** interviewed by **Ringling Arts students** RE: FVA Ringling Circus Demos for a documentary project.

4/18/17 **Ellen Jaffe Jones** on **Marti Oakley "Voices Carry for Animals" Radio Show** (interviewed by **Debbie Dahmer**)

5/11 - **Denise Anderson** article and interview RE: Empty the Tanks Demo & Campaign in Creating Loafing

Other Media by **Ellen Jaffe Jones** that mentions FVA:

Weekly: **Facebook Lunch Dates Live With Ellen Jaffe Jones** Wednesdays 3 pm EST

Weekly: **Dr. Don Show "Vegan Myth Busters"** segment Tuesdays 3:30 pm MST Live stream KAAA/KZZZ

FVA in the community:

1/7 - FVA park cleanup at Al Lopez Park– **Diane, Trevor, Suzanne, Marie, and Tom**

1/21 - Kindred Spirits Sanctuary Tour and Cowspiracy Screening- **Brian, Andrea, Becky, Debbie, Caitlin**

1/28 – FVA table at The Heart Of Activism Seminar- **Suzanne**

2/12 – FVA Annual Have-A-Heart for the Animals Dinner/Fundraiser with the amazing, one and only **Victoria Moran** speaking at Trang Viet Cuisine- approximately 86 attendees

2/19 – Peaceful Activism workshop and vegan brunch with speakers **Rae Sikora** and **Jim Corcoran** at New Leaf Elementals Café

2/22 – FVA tables at Whole Food Market on 5% Day to support FVA at three Bay area locations: Carrollwood, Clearwater, and Tampa raised \$8865 for FVA! **Diane, Marie, Kim, Brittany, Trevor, Myriam, Tom, Karen, Adrian, and Luis**

2/24 - FVA table at Polk College in Lakeland, FL- **Diane and Marie**

2/28 - FVA table at USF for SPEAK's MEATOUT- **Diane, Suzanne and Laura**

3/19 - "NEW" FVA Fun-Raiser for at Sweet Tomatoes Largo restaurant- organized by **Chris Katz**

4/22 - FVA table at Central Florida Earth Day in Orlando- **Diane, Brittany, and Suzanne**

4/22 - FVA table at EcoFest for Earth Day- **Marie, Trevor, Justine, Myriam, Naomi, and David**

4/24 – FVA table for Earth Day at Wiregrass High School– **Diane and Suzanne**

5/3 – Hillsborough County Commissioner's hearing on Puppy Mills and Pet Sales– **Suzanne** spoke

5/17 - Hillsborough County Commissioner's Pet Retail Sales Ordinance Final Vote – **Suzanne, Marie, and Justine** attended

5/27 – FVA Rooterville Sanctuary Tour and Volunteer Day – **Kim and Nina**

6/11 - FVA park clean up at Al Lopez Park – **Diane, Suzanne, Marie, Myriam, Bill, Brian, Jenna, Kevin, Joan, Justine, Gustavo, Francisco, Sarah, Cori, Aurelio, Destiny, Amy, and Kristen**. This was a RECORD 18 helpers! Many hands made work lighter. THANK YOU to ALL!

FVA Demos:

1/7 - Showmen's Circus - Gibsonton

1/14 - Why Love One but Eat the Other? - Dunedin

1/21 - St. Pete Beer and Bacon Festival - St. Petersburg

1/25 - Ringling Bros Circus Opening Night - Tampa

1/26 - Ringling Bros Circus - Tampa

1/27 - Ringling Bros Circus - Tampa

1/28 - Ringling Bros Circus - Tampa

1/29 - Sea World - Orlando

1/29 - Ringling Bros Circus - Tampa

2/4 - Worldwide Rally for Cecil the Lion, Protest Trophy Hunting - Clearwater (Special thanks once again to Silverback Peace Group who donated 20 free "Cecil the Lion Remembrance Beanie Babies" to all who signed up and ATTENDED the ENTIRE Rally!)

2/25 - Why Love One but Eat the Other? - Tampa

3/11 - Save the Whales! - Tampa

4/1 - Why Love One but Eat the Other? - St. Pete Market

4/8 - Not Just 4 Easter - Animal House Pet Center, St. Petersburg

4/23 - Be Their Voice *World Laboratory Animal Liberation Week* - Tampa

5/6 - Why Love One but Eat the Other? - Clearwater Mall

5/13 - Empty The Tanks - Clearwater Mall

5/20 - Fight Dog Meat World Event on Kindness & Compassion Day - Lykes Gaslight Park, Tampa

In addition to all these activities, several FVA board members and others activists usually attend monthly vegan brunch, lunch, dinner activities at several local vegan restaurants including **New Leaf Elementals Cafe, Loving Hut, Café Hey** and **Lotus Vegan**. Please check our FVA calendar to join us at these events so we can get to know each other. Together we can make a difference for the animals! Get involved! Again we THANK YOU!!

On The Run...



Our own FVA board member cleaned up at the National Senior Games that just ended. She totally outdid her previous record of "only" 7th in her age group in the 1500 meters from 2013. This year, she not only got 7th again, but placed 3 more times by getting 3rd in the 4x1 Women's 100 meter relay, 5th in the 800 meters, and 7th in the 400 meters. In addition, she placed 18th in the 100M, 16th in the 50 meters, and 14th in the 200 meters. Ellen was one of the few athletes to run every track event, 7 in all, in the women's 65-69 age group.

She returned from Nationals to find that her book, "Vegan Sex" is already a #1 best seller in various categories on Amazon, and her next book, "Vegan for One" out in August, is already burning up on Amazon pre-sales.

Ellen calls running her activism because so many people mistakenly believe you don't get enough energy or protein on a vegan diet. She has placed in 117 5K or longer races for her age group in the past 10 years.

She met several other men and women competitors who were vegan, reflecting the growing trend. Vegan athletes report more energy and less inflammation.



Ellen Jaffe Jones--Busting Vegan Myths Everywhere

Spring 2017: VEGAN SEX!

Summer 2017: VEGAN FOR ONE!!

VEGAN FITNESS FOR MORTALS!

Eat Vegan on \$4 a Day

Kitchen Divided: Vegan Dishes for Semi-Vegan Households

Paleo Vegan: Plant-Based Primal Recipes

Co-Host "The Dr. Don Show"

Book Publishing Company Social Media Director

PETA's "Sexiest Vegan Over 50"

117 5K+ Age Group Awards since '06

Nationally/FL ranked sprinter

Certified Personal Trainer (AFAA) & Running Coach

www.vegcoach.com

You can receive this newsletter via e-mail or download it from the FVA website. To go paperless please email fvaonline@yahoo.com and let us know. You will not only help the environment, but will allow FVA more financial resources to help animals.

YES, I want to support Florida Voices for Animals, Inc.

Enclosed is my annual membership fee or donation:

☐ \$300 Lifetime ☐ \$100 Patron ☐ \$50 Family ☐ \$30 Individual ☐ \$15 Student ☐ _____ Other

NAME: _____ PHONE: _____ FAX: _____

ADDRESS: _____ CITY: _____ ST: _____ ZIP: _____

E-mail: _____

I would like to volunteer for:

☐ Phone Tree ☐ Attending Demonstrations ☐ Staffing Outreach Tables ☐ Website ☐ Newsletter

☐ Investigations ☐ Other: _____

I prefer to receive my Newsletters: ☐ Electronically via e-mail ☐ Regular Mail

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GOOD NEWS



☺ **May, 2017: New York Blood Center Caves in to Global Pressure, Giving \$6 Million for Care Of Chimps!** After being targeted by animal rights activists for two years over its decision to abandon 66 chimpanzees on islands in Liberia, the New York Blood Center made a \$6 million dollar contribution toward their lifelong care.

☺ **May, 2017: U.S. Coast Guard has just committed to a permanent end to the use of animals in its trauma training drills known as "live tissue training"!** This makes the Coast Guard the first branch of the military to end these atrocities! Please ask your members of Congress to cosponsor the bipartisan BEST Practices Act (H.R. 1243/S. 498), which, if enacted, would end the military's mutilation of thousands of animals each year in cruel trauma drills and instead require the use of superior human-simulation models.

☺ **May, 2017: Beyond Meat hits mainstream with Safeway deal.** Beyond Meat, whose investors include billionaire **Bill Gates** and food giants General Mills Inc. and Tyson Foods Inc., will begin distributing its plant-based vegan burgers in more than 280 Safeway supermarkets in California, Hawaii and Nevada.

☺ **Jun, 2017: FVA Meetup members exceeded 2600!** Very impressive, right? Well, it's really good news, bad news. Although our FVA Meetup members keep increasing, we aren't seeing them at our meetups. If you have joined our Meetup, please RSVP and attend our meetups.



Our mission is to educate the public about animal abuse and exploitation. Please renew your membership if it has expired. Check your label.

M Paid membership and renewal date **L Lifetime member**
X Newsletter exchange **C Courtesy**

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ADDRESS CORRECTION REQUESTED

Every Tue & Thu at 10:30am –WUSF Ch 16.3, **Christina Cooks** cooking show with **Christina Pirello**
 Every Wed at 10am –WMNF 88.5FM, **Talking Animals** radio show with **Duncan Strauss**
 Every Fri at 11am—WUSF Ch 16.1, **Jazzy Vegetarian** cooking show with **Laura Theodore**
 Check out the **Vegan Myth Busters** radio show hosted by **Ellen Jaffe Jones** anytime by visiting <https://www.facebook.com/groups/1667198786868267/>

7/1, 8/5, 9/2 (Sat) - **Loving Hut Vegan Buffet** Sat 11am-9pm (Meetup at 6:30pm), 1905 E Fletcher Ave, Tampa FL 33612, 813-977-7888 This is posted on our Meetup Calendar, so if you haven't signed up for our meetup, go to www.meetup.com, search for Florida Voices for Animals, then sign up. Loving Hut's website is http://www.lovinghut.us/tampa_01/ This all-vegan buffet is on the 1st Saturday of the month.

7/2, 8/6, 9/3 (Sun) - **New Leaf Elementals Brunch**, 11am-1pm 11813 N Armenia Ave, Tampa, FL Enjoy an all-vegan all-organic brunch which takes place 1st Sunday of the month.

7/8 (Sat) - **FVA Tabling at Vegan Heat**, 11am-4pm Roy Haynes Rec Center 1902 S Village Ave, Tampa, FL FVA is looking for volunteers to table at one of the sweetest all-vegan event of the summer: Vegan Heat. Discover Brown Bag's best summer vegan treats/desserts and Tampa's finest vegan goods, products and services at Vegan Heat Summer Sweets pop-up market! Volunteer times 11:00 AM- 12:30 PM, 12:30 PM - 2:00 PM, 2:00 PM - 3:00 PM, 3:00 PM - 4:00 PM, 4:00 PM (break down). Please sign up at FVA Meetup or call 727-656-8368

7/15, 8/19, 9/16 (Sat) - **Lotus Vegan Meetup Buffet**, 11am-9pm (Meetup at 6pm), 6575 Park Blvd, Pinellas Park, FL Enjoy an all-vegan buffet at Lotus Vegan Restaurant (beverage not included.) This buffet takes place 3rd Saturday of the month.

7/24 (Mon) - **FVA Movie Night at Nutrition S'mart**, in conjunction with Meat Free Monday, Donation Jar for FVA will be available. Details TBA on FVA meetup.

7/30, 8/27, 9/24 (Sun) - **Café Hey Brunch**, 11am-2pm 1540 N Franklin St, Tampa, FL Enjoy an all-vegan brunch which takes place last Sunday of the month.

9/16 (Sat) - **FVA Adopt-a-Park Cleanup**, 9am-12pm Al Lopez Park 4900 N Himes Ave, Tampa, FL Volunteers who love animals and hate trash are needed to help clean up the park. Please sign up at FVA Meetup or call 727-656-8368